## Soy Isoflavones Standardized Extract 1000 mg

## DESCRIPTION

Soy Isoflavones is an isoflavone plant extract standardized to $2.5 \%-3.5 \%$ isoflavones. Each $1,000 \mathrm{mg}$ tablet provides the following isoflavones: genistein, genistin, daidzin, daidzein, glycitin and glycitein.

## FUNCTIONS

Isoflavones are a class of phytoestrogens, plant-derived compounds that are similar in structure and/or function to animal estrogens. Genistin and daidzein are two predominant isoflavones found in soy products. Epidemiological studies have found that individuals with high soy intakes often enjoy certain health advantages. Numerous laboratory and clinical studies, investigating the health benefits of soy products, have identified soy isoflavones as key components responsible for the health benefits associated with soy foods. Isoflavones have both weak estrogenic and anti-estrogenic activity, which may contribute to their ability to moderate menopausal symptoms and support maintenance of bone mineral density. Isoflavones also help protect the cardiovascular system, support the immune system, inhibit angiogenesis, and protect against oxidative damage as antioxidants.

## INDICATIONS

Soy Isoflavones may be a useful dietary supplement for individuals who wish to supplement their diet with soy isoflavones.

## SUGGESTED USE

Adults take 1 tablet daily with meals, or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

## FORMULA (Ww \#10137)

1 Tablet Contains:
Soy Bean Extract (Glycine Max) $\qquad$
(Standardized Plant Extract 2.0\%-2.8\% [20-28mg]

## Isoflavones)

Other Ingredients: May contain one of more of the following: magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, and silica.

Our NON-GMO Soy Isoflavones extract is not genetically modified as confirmed by transgenic DNA testing conducted by an independent laboratory.

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

Adlercreutz H, Mazur W. Phyto-estrogens and Western diseases. Ann Med 1997;29:95-120.
Albertazzi P, Pansini F, Bonaccorsi G, Zanotti L, Forini E, De Aloysio D. The effect of dietary soy supplementation on hot flushes. Obstet Gynecol 1998;91:6-11.
Baird DD, Umbach DM, Lansdell L, Hughes CL, Setchell KD, Weinbery CR, Haney AF, Wilcox AJ, McLachlan JA. Dietary intervention study to assess estrogenicity of dietary soy among postmenopausal women. J Clin Endrocinol Metab 1995;80:1685-90.
Barnes S. Evolution of the health benefits of soy isoflavones. Proc Soc Exp Biol Med 1998;217:386-92.
Nestel PJ, Yamashita T, Sasahara T, Pomeroy S, Dart A, Komesaroff P, Owen A, Abbey M. Soy isoflavones improve systemic arterial compliance but not plasma lipids in menopausal and perimenopausal women. Arterioscler Thromb Vasc Biol 1997;17:3392-8.
Petrakis NL, Barnes S, King EB, Lowenstein J, Wiencke J, Lee MM, Miike R, Kirk M, Coward L. Stimulatory influence of soy protein isolate on breast secretion in pre-and postmenopausal women. Cancer Epidemiol Biomarkers Prev 1996;5:785-94.

Manufactured For: Good Life Pharmacy

