Perfect Protein Powder

LIFE Recommended by Angie Svoboda, Pharm D.

A fortified hypoallergenic protein blend

DESCRIPTION

Perfect Protein Powder is a synergistic blend of plant-based proteins that provides a complete blend of amino acids that are easily digested, hypoallergenic and non-GMO.

FUNCTIONS

Liquid nutrition utilizing protein based powders has been recognized as having immense value in providing a sound nutritional foundation for individuals. Liquid nutrition offers several advantages over solid food for the uptake of vitamins and minerals. Liquid nutrition supplies nutrients that are more easily and more efficiently taken up than those in solid food which requires specific digestive enzymes and stomach acid for absorption. Liquid nutrition allows for specific nutrient targeting for specific disease states. Liquid nutrition can provide measured nutrient intake so that calories, sugar, sodium and other variables found in conventional nutrient sources can be standardized. Finally, liquid nutrition can provide a sound nutritional foundation for health challenges such as weight management, muscle recovery, wound healing, diabetes management, hospice care, bariatric surgery, prenatal care and many other health issues.

Protein is an important macronutrient that is essential to preserving and nurturing good health.

The importance of protein is undisputed. However, most individuals overlook plants as a viable source to meet their protein requirements. While animal sourced proteins are ranked higher on the food chain than plants, animal protein can contain appreciable amounts of cholesterol and saturated fats. Additionally, they can also be a source of antibiotics, hormones and other undesirable elements that are inherent in our food supply. Plant based proteins have no cholesterol or saturated fat and when properly formulated and enhanced can provide protein with a nutritional value comparable to other animal derived proteins. Perfect Protein Powder is just such a product providing 21 grams of protein per serving with only 1 gram of sugar. It is formulated with agave inulin to provide prebiotic support along with a synergistic enzyme

blend for easy digestion. This proprietary blend of enhanced pea protein along with *Sacha Inchi*, chia, and cranberry is vegan and vegetarian approved to address the protein needs of individuals pursuing a vegetarian diet. Finally, Perfect Protein Powder contains no soy, dairy, wheat, gluten, preservatives, artificial colors, sweeteners or flavors. Perfect Protein Powder is hypoallergenic and non-GMO.

INDICATIONS

As a dietary supplement, Perfect Protein Powder can be taken to augment or enhance protein intake and is especially convenient for individuals with food sensitivities or food allergies.

FORMULA (WW #10282)

One scoop (approximately 34 gm) contains:

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Calories	130	
Calories from Fat	20 gm	
Total Fat	2.5 gm	
Sodium	280 mg	
Potassium	50 mg	
Total Carbohydrate	8 gm	
Sugars	< 1gm	
Calcium	50 mg	
Iron	6 mg	
Multi Source Plant Protein Blend	25,550 mg	
(Pea protein isolate, Cranberry seed, Sacha Inchi		
seed and Chia seed)		
Branch Chain Amino Acids	6,225 mg	
Glutamine	3,475 mg	
Digestive Enzyme Blend	110 mg	
Other Ingredients: Inulin, stevia, xanthan gum, glycine, and		
silica.		

This product contains NO soy, dairy, wheat, gluten, preservatives, artificial colors, sweeteners, or flavors.

Product is hypoallergenic and non-GMO.

More information on following page

Amino Acid Profile:

Alanine	840 mg
Arginine	1680 mg
Aspartic Acid	210 mg
Cysteine/Cystine	210 mg
Glutamic Acid	3313 mg
Glycine	959 mg
Histidine	420 mg
Isoleucine	1458 mg
Leucine	2088 mg
Lysine	1470 mg
Methionine	210 mg
Phenylalanine	1050 mg
Proline	840 mg
Serine	1050 mg
Threonine	840 mg
Tryptophan	210 mg
Tyrosine	
Valine	1458 mg

SUGGESTED USE

Add one level scoop to 9-12 oz. of chilled water or preferred beverage. Add additional ingredients if desired and blend to taste.

SIDE EFFECTS

No adverse effects have been reported.

STORAGE

Store in a cool, dry place away from direct light. Keep out of reach of children. Natural settling may occur.

Manufactured For:

Good Life Pharmacy

125 South 16th St. Ord, NE 68862 308.728.3295