

## News from Good Life

At Good Life Pharmacies, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

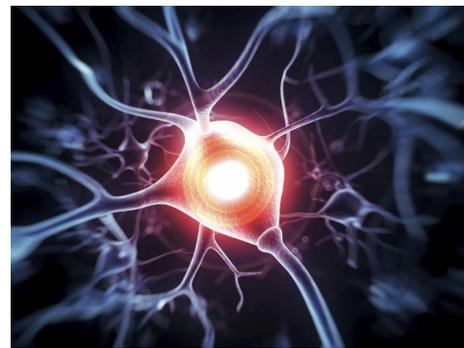


Sincerely,

Jim Andreesen, R.Ph., Angie Svoboda, Pharm.D. FIACP, and Ray Scott, R.Ph

## Low Dose Naltrexone – Customized Therapy for Pain and Autoimmune Diseases

New studies continue to support the benefits of using low dose naltrexone (LDN) to treat chronic pain and dermatologic conditions, and manage autoimmune disorders such as Crohn's disease, multiple sclerosis, and systemic sclerosis. Low dose naltrexone causes different pharmacological effects than higher doses of naltrexone which are used to treat addiction. Recently, LDN has been used as an off-label therapy for several chronic diseases including rheumatoid arthritis.



LDN could be a viable treatment option for chronic pain because other drugs used to treat chronic pain, such as nonsteroidal agents (NSAIDs) like ibuprofen, have adverse effects of gastrointestinal bleeding, renal injury, and increase a patient's risk of myocardial infarction or stroke. Conversely, LDN has minimal adverse effects, no drug-drug interactions, and is relatively inexpensive compared with other options for chronic pain.

Studies report that LDN has been used successfully to treat chronic inflammatory skin conditions and itching associated with eczema, cholestasis, burns, etc. Serious side effects have not been reported.

*We work together with patients and their health care team to customize*

*medications and solve problems that have not responded to traditional therapy or commercially available drugs. Your questions are welcome!*

©Storey Marketing. All Rights Reserved

## Shop our product of the month

Good Life Pharmacy's Ubiquinol is the active form of the important antioxidant CoQ10. Ubiquinol helps with heart and cholesterol support. Studies have demonstrated that ubiquinol has a positive effect on inflammatory processes, septic shock, heart attack and stroke recovery, and periodontal disease. For the month of April, Ubiquinol is 20% off! Ask our professional staff for more information.



## Share your experience with Good Life Pharmacy

If you have received excellent care or service from the pharmacists and staff at Good Life Pharmacy, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

[REVIEW US ON GOOGLE](#)

125 So. 16th St.  
Ord, NE 68862  
308-728-3295  
308-728-3296 Fax

124 So. 4th St.  
Albion, NE 68620  
402-395-3353  
402-395-3354 Fax

727 "O" St.  
Loup City, NE 68853  
308-745-1614  
308-745-1614 Fax

[www.GoodlifeRx.com](http://www.GoodlifeRx.com)

