

News from Good Life

At Good Life Pharmacies, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.



Sincerely,
Jim Andreesen, R.Ph., Angie Svoboda, Pharm.D. FIACP, and Ray Scott, R.Ph

Oxytocin: Help for Bonding Issues, Autism, Addiction, and Other Problems!

Oxytocin has traditionally been used during labor to help with childbirth and after delivery to support milk letdown. However, the understanding of oxytocin's function has expanded dramatically to reveal the capacity to modify human social behavior ranging from bonding and sexual activity to autism and addiction.



Oxytocin induces a general sense of well-being including calm, improved social interactions, increased trust, and reduced fear. Oxytocin has the potential to enhance interpersonal relationships and individual well-being, and may help with disorders characterized by persistent fear, repetitive behavior, reduced trust and avoidance of social interactions. Here are some of the problems discussed in the medical literature as having improved after treatment with oxytocin nasal spray:

- Male Sexual Function
- Autism Spectrum Disorder
- Migraine
- Post-Traumatic Stress Disorder (PTSD)
- Weight Management
- Addiction/Substance Use Disorders

Intranasal oxytocin has a low risk of side effects, according to a systematic review of 38 randomized controlled studies conducted between 1990 and 2010.

Our pharmacy can compound oxytocin by prescription as a nasal spray, lozenge (troche), or vaginal cream or gel to make it easy to use. Oxytocin is not used orally because it is broken down in the gastrointestinal tract before it can be absorbed, so it has traditionally been administered by injection (IV). But, we make it more convenient for our patients to take their medicine!

References available up request.

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