

News from Good Life

At Good Life Pharmacies, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.



Sincerely,
Jim Andreesen, R.Ph., Angie Svoboda, Pharm.D. FIACP, and Ray Scott, R.Ph

How does a drug that was developed to treat addiction have so many other benefits when taken at a much lower dose?

Naltrexone is a medication approved as a treatment for opioid addiction and alcoholism. In 1985, while working at addiction clinics in New York, Harvard-educated Bernard Bihari, MD, discovered many novel benefits of using low doses of naltrexone (about 4.5 mg, or 1/10th of the typical dose of 50 mg that is used to treat addiction).



Ongoing research has shown that Low Dose Naltrexone (LDN) has potential benefits for patients with problems such as:

- Pain and Inflammation
- Hashimoto's Thyroiditis
- Autism Spectrum Disorder
- Allergies & Asthma
- Chronic Pruritus
- Mood Disorders
- Lyme Disease
- Multiple Sclerosis
- Crohn's and Ulcerative Colitis
- Diabetic Neuropathy
- Complex Regional Pain Syndrome (CRPS)

- Chronic Fatigue & Fibromyalgia
- Autoimmune Disorders

Cancer and LDN

Intermittent Dosing with LDN causes increased cell death and has been reported to increase cell sensitivity to chemotherapeutic agents. LDN should not be taken during treatment with PD-1 inhibitors, e.g. pembrolizumab (Keytruda®) and nivolumab (Opdivo®).

Side Effects/Cautions

LDN is well tolerated in most patients and side effects are usually transient. LDN should not be taken by patients taking opioids such as morphine, oxycodone, or hydrocodone. It is possible that even a low dose of naltrexone could cause blockade of opioid receptors and reduce the effectiveness of opioid analgesics or induce withdrawal symptoms.

Low Dose Naltrexone (LDN) is not commercially available but can be compounded by prescription.
We welcome your questions!

Customized Medications to Meet Specific Patient Needs

125 So. 16th St.
Ord, NE 68862
308-728-3295
308-728-3296 Fax

124 So. 4th St.
Albion, NE 68620
402-395-3353
402-395-3354 Fax

727 "O" St.
Loup City, NE 68853
308-745-1614
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