Dermatology by Good Life Pharmacy

	MEDICATION AND DOSE	INSTRUCTIONS	QUANITITY
Acne	Clindamycin 2%/Sulfacetamide Sodium 10%/Sulfur 5% cream	Apply to affected area daily	30grams
	Benzoyl Peroxide 2.5%/Tretinoin 0.05% cream	Apply to affected area at bedtime	30grams
	Clindamycin 2%/Benzoyl Peroxide 5%/Niacinamide 4% cream	Apply to affected area twice daily	30grams
	Niacinamide 5%/Biotin 0.1% Potassium Azelaoyl Diglycinate cream	Apply to affected area twice daily	30grams
	Azelaic Acid 18% Topical Gel	Apply to affected area daily	30grams
	Tretinoin 0.02%/Clindamycin 1%/Sulfacetamide Sodium5% Cream	Apply to affected area daily	30grams
	Spironolactone5%/Clindamycin1%.Niacinamide5% Cream	Apply to affected area twice daily	30grams
Actinic Keratosis	5-Fluorouracil 2.5%/Calcipotriene 0.0025% Gel	Apply to affected area twice daily for 4 days. Then 2 weeks off	15grams
Anti-Aging	Estriol 0.2% face cream	Apply to face at bedtime.	30grams
	DMAE in Na Hyaluronate BioPeptide cream (Dimethylaminiethanol)	Apply to face and neck at bedtime	30grams
	Tretinoin.05% in Na Hyaluronate Cream	Apply to face at bedtime	30grams
Atopic Dermatitis/ Eczema	Cyanocobalamine 0.07% topical Cream	Apply to affected area twice daily	30grams
	Naltrexone 1% Topical Cream	Apply to affected area twice daily	30grams
	Ketotifen 0.05%/Naltrexone 1% PracaSil (cheaper base available)	Apply to affected area twice daily	30grams
	Naltrexone 0.5%/Azelastine 0.1% Topical Gel	Apply to affected area twice daily	30grams
	Ketotifen 0.05%/Naltrexone 0.5%/Azelastine 0.175% Topical Gel	Apply to affected area twice daily	30grams
	Ketotifen 0.05%/Cyanocobalamin 0.07% Topical Cream	Apply to affected area twice daily	30grams
	Zinc Pyrithione 0.2%/Clobetasol Propionate 0.05% Cream	Apply to affected area daily	30grams
	Montelukast 1%/Ketotifen 0.05% Topical Gel	Apply to affected area twice daily	30grams
	Xematop Moisturizing Cream (sold over the counter)	Apply to affected area twice daily	30grams
Porokeratosis	Lovostatin 2% Cholesterol Topical Gel	Apply to affected area twice daily	60grams
	Simvastatin 2% Cholesterol Topical Gel	Apply to affected area twice daily	60grams
Hyper-Pigmentation/ Melasma	Fluocinolone Acet 0.01% /Hydroquinone 4% / Tretinoin 0.05% Gel	Apply to affected area twice daily	30grams
	Hydroquinone 8%/Tretinoin0.05/HC 1% topical Gel	Apply to affected area daily	30grams
	Hydroquinone 6%/Tretinoin 0.025%/Kojic Acid 4%/HC 0.05% Gel	Apply to affected area at bedtime daily	30grams

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Angie Svoboda, Pharm.D.

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	MEDICATION AND DOSE	INSTRUCTIONS	QUANITITY
Psoriasis	Coal Tar 5%/Sal Acid 6%/Clobetasol Propionate 0.05% Cream	Apply to affected area at bedtime	30grams
	Zinc Pyr 0.2%/Clobetasol Prop 0.05%/Cyanocobalamin 0.07% Cream	Apply to affected area at bedtime	30grams
	Coal Tar 15%/Betamethasone .03% Cream	Apply to affected area at bedtime	30grams
	Carbamazepine2%/Zinc Pyrith0.2%/Cyanocobalamin0.07% Cream	Apply to affected plaque twice daily	60grams
	Pentoxifylline 5% to 15% Topical Cream	Apply to affected plaque twice daily	60grams
	Methotrexate 0.5% Topical Cream	Apply to affected plaque twice daily	60grams
Rosacea	Metronidazole 1%/Niacinamide 4% Topical Cream	Apply to affected area daily	30grams
	Ivermectin 1%/Metronidazole 0.75% Topical cream	Apply to affected area daily	30grams
	Ivermectin 1%/Niacinamide 4%% Topical cream	Apply to affected area daily	30grams
	Ketotifen 0.05%/Metronidazole 0.75% Topical Cream	Apply to affected area daily	30grams
	Oxymetazoline HCL 1%/Ketotifen 0.05%/Tee Tree Oil 5% Topical	Apply to affected area daily	30grams
	Niacinamide 5%/Biotin 0.1%/Potassium Azelaoyl Diglycinate Crm	Apply to affected area daily	30grams
	Azelaic Acid 18%/Brimonidine Tartrate 0.4%/Niacinamide 4% Crm	Apply to affected area daily	30grams
	Azelastine HCl 0.15%/Brimonidine Tartrate 0.5% Topical Cream	Apply to affected area daily	30grams
	Azelaic Acid 15%/Ketotifen 0.05%/Oxymetazoline HCl 1% Gel	Apply to affected area daily	30grams
Warts	Fluorouracil 5%/Salicylic Acid 30%/Tretinoin 0.1% topical gel	Apply at bedtime daily. Cover	15grams
	Cantharidin 0.7% topical soln.	- applied by provider	5ml
	Salicylic acid 30%/Podophyllum 2%/Cantharidin 1%	– provider apply	5ml
	Fluorouracil5%/Sal Acid15%/Cimetidine10%/DDG0.2%/Ibuprofen2% Top.	Apply at bedtime. Cover	15grams
Nail Fungus	Terbinafine 1%/Fluconazole 3%/Ibuprofen 2%/Itraconazole 1% Susp.	Apply to nail and nail bed twice daily	12ml
	Ketoconazole 2%/Urea 40% nail suspension	Apply to nail twice daily	12ml
	Thymol 4%/Ibuprofen 2%/Ethyl Alcohol Nail Solution	Apply to nail twice daily	12ml

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	MEDICATION AND DOSE	INSTRUCTIONS	QUANITITY
Hirsutism	Metformin 5%/Progesterone 1%/Azelaic Acid 1%/Spironolactone 5%	Apply at bedtime as directed	30grams
Molluscum	Cimetidine 10%/DDG 0.29%%/Ibuprofen 2% Cream	Apply to lesions at bedtime	30grams
	Cimetidine10%/TeaTreeOil 2%/EGCg1%/Deoxy-D-Gluc0.2% Top	Apply to lesions at bedtime	30grams
	EGCg 1%/Imiquimod 1% Topical Gel	Apply to lesions at bedtime	30grams
Numbing	Lidocaine 23%/Tetracaine 7% special base	Apply as directed prior to procedure	30grams
	Benzocaine 10%/Lidocaine 5%/Tetracaine 2% Topical Cream	Apply as directed prior to prodedure	30grams
Wounds	Tadalafil 1 mg/Gm Topical Gel (Spira-Wash®)	Apply as directed	30grams
	Phenytoin2%/Arginine1%/Melatonin1%/Naltrexone1%/AloeVera	Apply as directed	30grams
	Naltrexone HCl 0.5%/Aloe Vera 0.2% Topical Gel (Spira-Wash®)	Apply as directed	30grams
	Doxycycline 20 mg/Phenytoin 20 mg/Misoprostol 0.024 mg/Lidocaine HCl 10 mg Wound Care Capsules (XyliFos®/LoxaSperse®)		
Scaring/Keloids	Pentoxifylline 1% in Pracasil	Apply to affected area twice daily	30grams
	Silicone Moisturizing Gel (OTC)	Apply to affected area twice daily	30grams
	Pentoxifylline 1%/Ketotifen 0.05%/Caffeine 1% PracaSil Gel	Apply to affected area twice daily	30grams
	EGCg 0.5%/Ketotifen 0.05% Topical Gel	Apply to affected area twice daily	30grams
	Naltrexone HCl 1%/Ketotifen 0.05% Topical Gel	Apply to affected area twice daily	30grams
Misc. Hospice	Lorazepam0.5/Diphenhydramine12.5/Haloperidol1/0.5ml Top.	Apply 1 pumps to inner wrist q6h prn	30grams
Cold sore	Acyclovir 5%/Lidocaine 1% Lip Balm	Apply to leison on lip up to 5 x per day	3grams
Hyperhidrosis	Aluminum Chloride 40% Gel	Apply to affected area daily	30ml
Shingles	DDG.2%/Gaba5%/Ketoprofen5%/Amitriplyline2%/Tetra 1%	Apply to affected area up to 4 x per day	60grams

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	MEDICATION AND DOSE	INSTRUCTIONS	QUANITITY
Anal Fissures	Nifedipine 0.2% / Lidocaine 2% Topical cream	Apply at bedtime daily as directed.	30grams
	Diltiazem HCl 2% Topical Cream	Apply at bedtime daily as directed.	30grams
Hemorrhoids	Lidocaine 2%/Hydrocortisone 1% Base Suppository (Rectal Rocket)	Insert at bedtime nightly as directed	6 suppositories
	Hydrocortisone Acetate 10%/Lidocaine 2% Rectal Cream	Apply twice daily as directed.	30grams
Men	Testosterone 25mg/0.5mlTopical Gel	Apply 2 pumps of cream daily as directed	30grams
	Tadalafil 10 mg/Sildenafil 25 mg Troche	Use as directed 30 minutes prior to intercourse	30 Troches
Women (lichens)	Estriol 0.1%/Testosterone 0.02% vaginal Cream (vaginal Dryness)	Insert 1gram qhs x14nights, then 2-3 times a week as needed.	30grams
	Vitamin E & Vitamin A in a Na Hyaluronic acid Topical Cream	Insert 1gram qhs x14nights, then 2-3 times a week as needed.	30grams
	Amitriptyline HCl 2.5%/Baclofen 2.5%/Gabapentin 2.5% Vag. Crm	Insert 0.5-1gram qhs as needed	30grams
	Clobetasol 0.03%/Testosterone0.02%/Naltrexone 1% Topical Cream	Apply to leisons topically daily as directed	15grams
	Nifedipine0.2%/Papaverine5%/Arginine3%/Aminophylline6% Crm	Apply cream to labia area prior to intercourse	15grams
	Sildenafil 1%/Testosterone 0.1% topical Cream	Apply cream to labia area prior to intercourse	15grams
	Sildenafil 2%/Nifedipine 0.2%/Arginine 6% Topical Cream	Apply cream to labia area prior to intercourse	30grams
	Oxytocin Nasal Spray	20units intranasally twice daily	30ml
Depression	Ketamine Troche or Nasal Spray	125units/ml - 4 puffs (50mg) q 3rd day	10ml
Pain	Ketoprofen 10-20% Topical Cream	Apply cream to affected area 3-4 times/day	60grams
	Ketoprofen 10%/Cyclobenzaprine 2% Topical Cream	Apply cream to affected area 3-4 times/day	60grams
	Diclofenac 5%/ Gabapentin 5%/ Amitriptyline 2% Topical	Apply cream to affected area 3-4 times/day	60grams
	Ketamine 5%/Ketoprofen 10%/Gabapentin 5%/Lidocaine 5% Top	Apply cream to affected area 3-4 times/day	60grams
	Ketamine 5%/Gabapentin 10%/Clonidine 0.2%/Baclofen 2% Top	Apply cream to affected area 3-4 times/day	60grams
Shingles	Acyclovir2%/Gabapentin6%/Ketoprofen5%/Amitroptyline2%/Tetracaine1%	Apply crm to affected area 3-4 times/day	60grams
	DDG.2%/Gaba5%/Ketoprofen5%/Amitriplyline2%/Tetra 1%	Apply to affected area up to 4 x per day	60grams

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