

Bone Health

Recommended by
Angie Svoboda, Pharm D.

DESCRIPTION

Bone Health is a comprehensive, synergistic combination of essential nutrients, highly bioavailable sources of calcium, and patented ingredients L-OptiZinc[®] and FruiteX-B[®].

FUNCTIONS

When it comes to bone health there are several nutrients that help build and maintain strong, healthy bones. For many years, most individuals relied solely on calcium to support bone growth and protect their bones against the ravages of aging. More recent studies show several nutrients are essential for helping to build and maintain a strong, healthy bone structure throughout life. Nutrients such as vitamins D and K along with minerals like magnesium and boron have been shown to play a major role in bone health. This Bone Health formula is a scientifically advanced, synergistic combination of vitamins, minerals and other cofactors, which together, help support the ongoing processes of building, remodeling and maintaining healthy bone structure. When taken daily, the nutrients in Bone Support can help support the many complex biochemical and physiological processes that are essential to maintaining optimal bone health.

FEATURES

- The combination of calcium citrate, hydroxyapatite and fructoborate provides well absorbed and highly bioavailable sources of calcium.
- Vitamin D helps promote intestinal calcium and phosphorus absorption and helps reduce urinary calcium loss. Vitamin D also helps maintain a balanced activity between osteoblasts (bone-building cells) and osteoclasts (bone dissolving cells).
- Vitamin K2 helps activate osteocalcin, a calcium-binding protein required for building strong, healthy bone tissue.[†]
- Magnesium is a major component of bone tissue and is also required for the secretion of parathyroid hormone (PTH) which stimulates the body to produce the active form of vitamin D, which along with PTH helps reduce urinary calcium losses.[†]
- FruiteX-B[®], a patented calcium-boron complex known as calcium fructoborate, may help to support

mineral metabolism, healthy levels of vitamin D, and both male and female hormone production.[†]

- L-OptiZinc[®] has been demonstrated in studies to be better absorbed and utilized by the body than other forms of zinc. This important trace mineral is essential for vitamin D receptor activity, as well as the activity of enzymes involved in maintaining normal blood pH and bone mineralization.[†]
- Zinc, copper and manganese serve as cofactors for the production and stability of collagen, the underlying structural component of bone tissue.[†]
- Silicon helps support collagen production and strength as well as the process of bone mineralization.[†]
- Betaine HCl helps support mineral absorption, particularly that of calcium.[†]

INDICATIONS

Bone Health is designed for individuals who wish to increase their intake of calcium and other necessary nutritional factors to build and maintain strong, healthy bones.

FORMULA (WW #10416)

6 Tablets Contain:

Vitamin C (as ascorbic acid).....	150 mg
Vitamin D3 (as cholecalciferol).....	25 mcg (1000 IU)
Vitamin K2 (as menaquinone-7).....	45 mcg
Calcium (as citrate, hydroxyapatite, fructoborate)	1000 mg
Phosphorus (as hydroxyapatite).....	20 mg
Magnesium (as oxide, citrate).....	400 mg
Zinc (as monomethionine).....	10 mg
Copper (as citrate).....	1 mg
Manganese (as citrate).....	1 mg

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Potassium (as citrate) 99 mg
Boron (as calcium fructoborate) 3 mg
Horsetail Extract (*Equisetum arvense*) aerial part .. 100 mg
Betaine Hydrochloride 75 mg

Other Ingredients: Cellulose, stearic acid, modified cellulose, magnesium stearate, silica

This product contains NO sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

SUGGESTED USE

Adults take 3 tablets 2 times daily with meals, or as directed by a healthcare professional.

SIDE EFFECTS

No adverse effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

Good Life Pharmacy

125 South 16th St.

Ord, NE 68862

308.728.3295