

C 500 mg Chewable

500 mg / Orange-Flavored Chewable

DESCRIPTION

C 500 mg Chewable contains vitamin C (as ascorbic acid, calcium ascorbate, sodium ascorbate, magnesium ascorbate) in an orange-flavored chewable tablet.

FUNCTIONS

Vitamin C has numerous biological functions. Since human beings cannot create their own vitamin C, it is essential that we obtain vitamin C from our diet or other sources. Vitamin C has been recognized as being critical for the proper function of the immune system, and has been recommended for prophylaxis against viral infections. Vitamin C is essential for the synthesis of collagen and glycosaminoglycans, which are the building materials for all connective tissues. Vitamin C is the required coenzyme for two groups of enzymes, lysyl hydroxylase and prolyl hydroxylase, which catalyze the crosslinking of collagen fibers. That makes vitamin C essential for normal wound healing and capillary health. Vitamin C actively participates in the biosynthesis of carnitine, serotonin and certain neurotransmitters such as norepinephrine. Vitamin C is among the most powerful antioxidants available to humans and animals. It is a water-soluble, chain-breaking antioxidant that reacts directly with superoxide, hydroxyl radicals and singlet oxygen.

The antioxidant functions of vitamin C appear to have clinical significance in providing protection from free radical damage to the eyes, lungs, blood and immune system. Vitamin C is absorbed in the small intestine by a sodium-dependent transport process that is intake dependent. With normal dietary intakes of 60-100 mg, up to 80-90% of vitamin C is absorbed. Absorption efficiency and vitamin C utilization is greatly enhanced during conditions of physiological stress and immune challenge. Maximum absorption is attained by the ingestion of several doses spaced throughout the day rather than one, larger single dose.

INDICATIONS

C 500 mg Chewable may be a useful dietary supplement for those who wish to increase their daily intake of this valuable antioxidant vitamin.

FORMULA (WW #10379)

One Tablet Contains:

Vitamin C	500 mg
(as ascorbic acid, calcium ascorbate, sodium ascorbate, magnesium ascorbate)	
Niacin (as niacinimide).....	18 mg NE
Citrus bioflavonoid complex.....	25 mg
L-lysine HCl.....	8 mg
Tetrapotassium pyrophosphate.....	3 mg
Alpha D-ribofuranose	3 mg
L-cysteine HCl.....	2 mg
L-gluathione.....	1 mg
Other Ingredients: Sorbitol, xylitol, cellulose, orange flavor, stearic acid (vegetable), citric acid, silicon dioxide, monk fruit.	
Gluten-Free, Dairy-Free, Non-GMO	

SUGGESTED USE

As a dietary supplement, chew 1 tablet up to 3 times daily with food, or as directed by a healthcare professional.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

CAUTION

If you are pregnant, nursing, or taking medications, consult your healthcare professional before use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

Good Life Pharmacy

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