

# Collagen Peptides

Unflavored



Recommended by  
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## DESCRIPTION

Collagen is the most abundant structural protein in the human body, comprising approximately 30% of total protein mass. It plays a critical role in maintaining the integrity of connective tissues, including skin, tendons, ligaments, cartilage, bones and the lining of the gastrointestinal tract. Human collagen synthesis declines beginning in the mid-20s and accelerating after age 40. This leads to visible signs of aging, joint discomfort and reduced tissue resilience. Supplementation with hydrolyzed collagen peptides has been shown to support the body's natural collagen production and improve tissue health.

## FUNCTIONS

Clinical research supports the use of oral collagen peptides for the improvement of skin elasticity, hydration and firmness, as well as reducing the appearance of wrinkles and rough skin.<sup>† 1,2</sup> Oral supplementation with collagen peptides may also help to promote joint health and reduce pain and stiffness by helping to resolve inflammation and supporting cartilage regeneration.<sup>† 3</sup>

## FEATURES

- Contains 20 grams of hydrolyzed collagen peptides per serving
- Sourced from grass-fed, pasture-raised bovine hides
- Contains types I and II collagen
- Highly bioavailable and rapidly absorbed
- Non-GMO and gluten-free
- Mixes easily into hot or cold liquids

## INDICATIONS

Collagen Peptides Unflavored may be a useful dietary supplement for those who want to support cartilage generation and skin health.<sup>†</sup>

## FORMULA (WW #10468)

### 1 Scoop (20 g) Contains:

Hydrolyzed collagen peptides.....20 g  
(from bovine hide)

### Typical Amino Acid Profile

Alanine .....	1,720 mg
Arginine.....	1,660 mg
Aspartic acid.....	1,140 mg
Glutamic acid .....	2,020 mg
Glycine .....	4,460 mg
Histidine .....	240 mg
Isoleucine.....	300 mg
Leucine .....	580 mg
Lysine .....	720 mg
Methionine .....	160 mg
Phenylalanine .....	40 mg
Proline .....	2,720 mg
Serine.....	680 mg
Threonine.....	36 mg
Tyrosine.....	60 mg
Valine.....	480 mg

Ingredients: Bovine hide collagen peptides.

Contains NO sugar, dairy, yeast, wheat, gluten, soy, corn, artificial colors or flavors.

Grass-Fed, Pasture-Raised, Gluten-Free, Dairy-Free

## SUGGESTED USE

As a dietary supplement, add 1 scoop in 8-10 ounces of water, or your beverage of choice, and mix for about 5 seconds. Drink and enjoy each day, or as directed by a healthcare professional.

## CONTRAINDICATIONS

Those who have allergies to beef, fish or eggs, or are currently taking prescription medications, preparing for an upcoming surgery, pregnant or breastfeeding should consult with your healthcare professional before use.

*(Continued on following page)*

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

1. Pu, S. Y., Huang, Y. L., Pu, C. M., Kang, Y. N., Hoang, K. D., Chen, K. H., & Chen, C. (2023). Effects of Oral Collagen for Skin Anti-Aging: A Systematic Review and Meta-Analysis. *Nutrients*, 15(9), 2080. <https://doi.org/10.3390/nu15092080>
2. Al-Atif H. (2022). Collagen Supplements for Aging and Wrinkles: A Paradigm Shift in the Fields of Dermatology and Cosmetics. *Dermatology practical & conceptual*, 12(1), e2022018. <https://doi.org/10.5826/dpc.1201a18> Upadhyay, R., Gadani, M. C., & Badak, S. (2024). Skin health promoting effects of a proprietary nutraceutical ingredient (SesZen-Bio™): a placebo controlled, double-blind, and randomized clinical study. *International Journal of Research in Dermatology*, 11(1), 8–15. <https://doi.org/10.18203/issn.2455-4529.IntJResDermatol20243430>
3. Martínez-Puig, D., Costa-Larrión, E., Rubio-Rodríguez, N., & Gálvez-Martín, P. (2023). Collagen Supplementation for Joint Health: The Link between Composition and Scientific Knowledge. *Nutrients*, 15(6), 1332. <https://doi.org/10.3390/nu15061332>

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

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