

Men's Complete

Whole Food Multi

DESCRIPTION

Men's Complete Whole Food Multi is a daily supplement that provides greater nutritional assurance for men who either occasionally or regularly eat a substandard diet. This formula is made from real, nutritious foods that are certified USDA organic, non-GMO, vegan certified and formulated specifically for the needs of men. Vitamins, minerals and other essential nutrients derived from food sources are believed to be better absorbed and more bioavailable than nutrients from non-food sources. Another benefit of a whole food based multi is that it results in a wide variety of essential cofactors that may help enhance nutrient digestion, absorption and bioavailability.

Men's Complete Whole Food Multi has the full spectrum of vitamins and minerals, including efficacious potencies of B vitamins for energy and heart health.[†] Men's Complete Whole Food Multi also delivers VegD3[®] as vitamin D (from organic whole food complex and organic algae) for immune support and a men's herbal blend containing herbs like maca and pumpkin. The formula is made from real organic whole foods, including shiitake, moringa, amla berry, and holy basil — providing the perfect support for a demanding lifestyle — all in just two tablets daily.

FUNCTIONS

This organic whole food multivitamin, formulated specifically for men, provides 100% or more of all the recommended daily intake of whole food B vitamins with extra added antioxidants. This formula may help to assist in health stress responses and provide a sense of well-being.[†]

The formula also contains a special form of whole food-based vitamin D3. D3 in the diet helps to promote better mood, support bone health and may also help maintain a balanced immune system. Organic maca root powder, pumpkin seed powder, zinc and selenium are also included. These ingredients have been known to protect male sexual health and optimize healthy masculine vigor.[†]

FEATURES

- 970 mg organic whole food complex blend with 16 organic fruits, vegetables and herbs, including amla extract, moringa extract, holy basil, tea extract, sunflower seed kernel extract, carrot extract, spinach extract, shiitake extract, curry leaf extract, coconut extract, parsley extract, achiote extract, lichen and garlic extract.
- 25 mcg (1,000 IU) vitamin D3 from VegD3[®], organic whole food complex and organic algae
- Whole food, non-GMO, simple and clean excipients
- Ideal for vegans, vegetarians, people seeking an organic whole food or men wishing to adopt a more plant-based diet.

INDICATIONS

Men's Complete Whole Food Multi may be a good resource for men looking to fill nutritional gaps with a well-rounded multivitamin supplement with the added benefits of whole foods, herbs, mushrooms, and whole food ingredients selected specifically for men.

FORMULA (WW #10430)

2 Vegan Tablets Contain:

Vitamin A (as beta carotene)	900 mcg
Vitamin C	90 mg
Vitamin D3	25 mcg
Vitamin E	15 mg
Vitamin K	75 mcg
Thiamine	1.38 mg
Riboflavin	1.5 mg
Niacin	18.4 mg
Vitamin B6	8.5 mg
Folate	400 mcg DFE
Vitamin B12	7.2 mcg
Biotin	120 mcg

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Pantothenic acid..... 5 mg
Zinc 3.9 mg
Selenium55 mcg
Manganese 0.8 mg
Chromium35 mcg
Organic Whole Food Complex Blend..... 970 mg
Amla extract, moringa extract, holy basil, tea extract,
sunflower seed kernel extract, carrot extract, spinach
extract, shiitake extract, curry leaf extract, coconut
extract, parsley extract, achiote extract, lichen, garlic
extract, marigold extract
Organic Men's Herbal Blend 265 mg
Maca root powder, pumpkin seed powder

Other Ingredients: Organic agave inulin powder, organic
pea starch, organic tapioca dextrose, organic medium chain
triglycerides, organic coating (organic tapioca maltodextrin,
organic sunflower lecithin, organic palm oil, organic guar
gum), silica.

Contains NO dairy, wheat, gluten, eggs, peanuts, fish, shell-
fish, preservatives, artificial colors or artificial flavors.

SUGGESTED USE

As a dietary supplement, adults take 2 tablets daily, or as
directed by a healthcare professional.

STORAGE

Store in a cool, dry place, away from direct light and out of
reach of children

†These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure, or
prevent any disease.

Manufactured For:

Good Life Pharmacy

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