

Methyl B-12 Drops



Recommended by
Angie Svoboda, Pharm D.

DESCRIPTION

Methyl B-12 Drops is a dietary supplement that helps support energy as well as healthy blood and nerve cells. Methyl B-12 Drops contains 5,000 mcg of vitamin B-12 along with the active form of vitamin B-6 and folate per 1 mL.

FUNCTIONS

Methylcobalamin, vitamin B-12, is a member of the B-complex family of water-soluble vitamins. Of the various forms of vitamin B-12 available, methylcobalamin is more bioactive than cyanocobalamin, which has to be converted by the liver to the active coenzyme form of methylcobalamin before it can function in the body. Methylcobalamin has numerous functions in the body, including stimulating red blood cell production and aiding in the production of normal, healthy myelin which protects the nervous system and supports its function. Methylcobalamin also aids in the conversion of homocysteine to methionine and in supporting healthy homocysteine blood levels. Methylcobalamin is also noted for its ability to donate a methyl group to form SAME which helps to support healthy brain function and liver detoxification.

Vitamin B-6, another ingredient of Methyl B-12 Drops, is a water-soluble vitamin that performs a wide variety of functions in the body. Vitamin B-6 is needed for more than 100 enzymes involved in protein metabolism. It is essential for red blood cell metabolism. And the nervous and immune systems need vitamin B-6 to function efficiently. Vitamin B-6 is also required for the production of hemoglobin, a protein-based component of red blood cells which is primarily responsible for transferring oxygen from the lungs to the rest of the body. Pyridoxyl-5-phosphate is the active form of vitamin B-6 to provide optimal utilization.

Finally, folate, the active metabolite of folic acid, is a B vitamin that is important for cell division and is also needed for protein metabolism and repair of RNA and DNA. Folic acid and vitamin B-12 are needed for the formation of red blood cells to help increase capillary blood flow.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

INDICATIONS

Individuals who could possibly benefit from using Methyl B-12 Drops include those interested in:

- Cardiovascular support
- Homocysteine management
- Improved absorption of vitamin B-12 due to lack of absorption from foods
- Lessening of occasional fatigue and weakness

Supplementation with Methyl B-12 Drops may be especially important for vegetarians and vegans.

FORMULA (WW #10397)

1 mL Contains:

Vitamin B6	10 mg
(as pyridoxal-5-phosphate & pyridoxine HCl)	
Folate.....	833.33 mcg DFE
(500 mcg folic acid)	
Vitamin B-12.....	5,000 mcg
(as methylcobalamin & hydroxocobalamin)	

Other Ingredients: Glycerin, water and potassium citrate.

This product is vegetarian, gluten-free and soy-free.

SUGGESTED USE

As a dietary supplement, adults take 1 mL daily, or as directed by a healthcare professional.

SIDE EFFECTS

If pregnant or nursing, consult your healthcare professional before taking this product.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Manufactured For:

Good Life Pharmacy

125 South 16th St.
Ord, NE 68862
308.728.3295