

# Perfect Protein Powder

*A fortified hypoallergenic protein blend*

## DESCRIPTION

Perfect Protein Powder is a synergistic blend of plant-based proteins that provides a complete blend of amino acids that are easily digested, hypoallergenic and non-GMO.

## FUNCTIONS

Liquid nutrition utilizing protein-based powders has been recognized as having immense value in providing a sound nutritional foundation for individuals. Liquid nutrition offers several advantages over solid food for the uptake of vitamins and minerals. Liquid nutrition supplies nutrients that are more easily and more efficiently taken up than those in solid food, which requires specific digestive enzymes and stomach acid for absorption. Liquid nutrition allows for specific nutrient targeting for specific disease states. Liquid nutrition can provide measured nutrient intake so that calories, sugar, sodium and other variables found in conventional nutrient sources can be standardized. Finally, liquid nutrition can provide a sound nutritional foundation for health challenges such as weight management, muscle recovery, wound healing, diabetes management, hospice care, bariatric surgery, prenatal care and many other health issues.

Protein is an important macronutrient that is essential to preserving and nurturing good health. The importance of protein is undisputed. However, most individuals overlook plants as a viable source to meet their protein requirements. While animal sourced proteins are ranked higher on the food chain than plants, animal protein can contain appreciable amounts of cholesterol and saturated fats. Additionally, they can also be a source of antibiotics, hormones and other undesirable elements that are inherent in our food supply. Plant-based proteins have no cholesterol or saturated fat and when properly formulated and enhanced can provide protein with a nutritional value comparable to other animal-derived proteins. Perfect Protein Powder is just such a product providing 21 grams of protein per serving with only 1 gram of sugar. It is formulated with agave inulin to provide prebiotic support along with a synergistic enzyme blend for easy digestion.

This proprietary blend of enhanced pea protein along with *Sacha inchi*, chia and cranberry is vegan and vegetarian

approved to address the protein needs of individuals pursuing a vegetarian diet.

## INDICATIONS

As a dietary supplement, Perfect Protein Powder can be taken to augment or enhance protein intake and is especially convenient for individuals with food sensitivities or food allergies.

## FORMULA (WW #10282)

### One scoop (approximately 34 gm) contains:

Calories .....	140
Total Fat .....	3 g
Saturated Fat .....	0.5 g
Total carbohydrate.....	7 g
Dietary fiber .....	<1 g
Total sugars .....	<1 g
Protein .....	21 g
Calcium .....	20 mg
Iron.....	5 mg
Sodium .....	280 mg
Potassium.....	50 mg
Multi source plant protein blend.....	25 g
(pea protein isolate, cranberry seed, <i>Sacha inchi</i> seed and chia seed)	
Branched chain amino acids .....	5 g
(L-leucine, L-isoleucine, L-valine)	
Glutamine.....	3.5 g
Enzyme blend.....	110 mg
(alpha-galactosidase and bromelain)	
Other Ingredients: Inulin, natural flavors, stevia leaf extract (Reb A), silica, xanthan gum, glycine.	

This product contains NO dairy, wheat, gluten, soy, preservatives, artificial colors, sweeteners or flavors.

Product is hypoallergenic and non-GMO.

**More information on following page**

**Amino Acid Profile** (per serving)

Alanine.....	840 mg
Arginine.....	1,680 mg
Aspartic Acid.....	210 mg
Cysteine/Cystine.....	210 mg
Glutamic Acid.....	3,313 mg
Glycine.....	959 mg
Histidine.....	420 mg
Isoleucine.....	1,458 mg
Leucine.....	2,088 mg
Lysine.....	1,470 mg
Methionine.....	210 mg
Phenylalanine.....	1,050 mg
Proline.....	840 mg
Serine.....	1,050 mg
Threonine.....	840 mg
Tryptophan.....	210 mg
Tyrosine.....	840 mg
Valine.....	1,458 mg

**SUGGESTED USE**

Add one level scoop to 9-12 oz. of chilled water or preferred beverage. Add additional ingredients if desired and blend to taste.

**SIDE EFFECTS**

No adverse effects have been reported.

**STORAGE**

Store in a cool, dry place away from direct light. **KEEP OUT OF REACH OF CHILDREN.** Natural settling may occur.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

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