

Vitamin C 1000 mg Complex

Ultra-Potent Blend for Antioxidant Support



Recommended by
Angie Svoboda, Pharm D.

DESCRIPTION

Vitamin C 1000 mg Complex is a comprehensive vitamin C formula featuring patented Quali®-C in conjunction with multiple synergistic nutrients.

FUNCTIONS

Vitamin C is an essential micronutrient that has a multiplicity of vital roles throughout the human body. Vitamin C must be consumed as part of the diet or through supplementation, as the body cannot produce it endogenously. Recent data suggests that as many as 20% of adults in the U.S. are vitamin C deficient, and as few as 10% consume adequate vitamin C on a daily basis.

One of vitamin C's essential roles is working as a major antioxidant. As such, vitamin C is crucial for supporting oxidative stress, energy production and immune function. Vitamin C is also necessary for synthesizing key neurotransmitters (especially norepinephrine and dopamine) and supporting healthy liver function. Research continues to uncover the many actions of vitamin C in the body. Findings suggest that vitamin C is an integral micronutrient for neuronal differentiation and maturation. Studies have shown that supplemental vitamin C increases brain-derived neurotropic factor (BDNF) – a peptide that supports healthy cell function. Evidence also suggests that as little as 250 mg of vitamin C per day can support healthy cortisol levels, thereby supporting stress-related symptoms. A recent study reported that college students who consumed supplemental vitamin C were 85% more likely to have healthy immune function as compared to students who did not take a vitamin C supplement.

A vast body of research demonstrates the importance of vitamin C as a key antioxidant in humans, with many roles throughout every body system. Vitamin C 1000 mg Complex is formulated with six different forms of bioavailable vitamin C to help individuals easily meet daily needs of this key nutrient.

INDICATIONS

Vitamin C 1000 mg Complex may be a useful dietary supplement for individuals wishing to better support healthy oxidative stress and immune function.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FORMULA (WW #10384)

One Tablet Contains:

Vitamin C.....	1,000 mg
(from calcium ascorbate, ascorbic acid [Quali®-C], niacinamide ascorbate, sodium ascorbate, potassium ascorbate and magnesium ascorbate)	
Niacine (as niacinamide).....	70 mg
Calcium (from calcium ascorbate).....	70 mg
Sodium.....	12 mg
L-lysine.....	33 mg
Citrus bioflavonoid complex.....	32 mg
(standardized to 50% [16 mg] full spectrum bioflavonoids)	
Tetra-sodium pyrophosphate.....	14 mg
Alpha D-ribofuranose.....	13 mg
Xylitol.....	9 mg
L-cysteine.....	8 mg
L-glutathione.....	5 mg
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, purified water, vegetable stearic acid, vegetable magnesium stearate, hydroxypropyl methylcellulose, silica, glycine.	

SUGGESTED USE

Take one tablet 1-2 times daily or as directed by a healthcare professional.

CAUTION

If pregnant, nursing or taking medication, consult with your healthcare professional.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Manufactured For:

Good Life Pharmacy

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