

Zinc 30 mg with Copper

30 mg Zinc Picolinate / 2 mg Copper Gluconate



Recommended by
Angie Svoboda, Pharm D.

DESCRIPTION

Zinc and Copper is a highly bioavailable zinc supplement. Copper gluconate 2 mg has been added to offset copper deficiency caused by high-dose or long-term usage of zinc as a daily supplement.

FUNCTIONS

Zinc is a trace mineral required by the body for optimal health. It is essential for growth, immune system health, testosterone metabolism and many other functions in the body. It is essential in the function of more than 200 enzymes, and is also critical in cell division and growth. Zinc is available through the diet. But zinc deficiency, which is common in the U.S., has been associated with adverse health outcomes for those who have a compromised immune system. The elderly, who don't obtain sufficient zinc in their diet, and individuals with chronic bodily inflammation, are also good candidates for zinc supplementation.

Zinc picolinate is an acidic form of zinc that the body can more easily absorb than other zinc salts. Studies have demonstrated that zinc picolinate is up to five times more absorbable than zinc citrate or zinc gluconate. However, high-dose or long-term daily dosing of zinc has been found to deplete levels of copper, another important trace mineral. That is why copper gluconate has been added to this formulation.

INDICATIONS

Zinc and Copper may be a useful nutritional adjunct for individuals who wish to enhance their zinc levels by using this highly absorbable form of zinc.

FORMULA (WW #10391)

Two Softgels Contain:

Zinc (as zinc picolinate)	30 mg
Copper.....	2 mg
(as copper gluconate and sodium copper chlorophyllin)	
Pea powder.....	100 mg
Millet flour	50 mg
Lentil powder	50 mg
Chlorophyll	1 mg
Other Ingredients: Rice flour, gelatin, vegetable lubricant.	

SUGGESTED USE

As a dietary supplement, adults take 1 capsule 1-2 times daily, or as directed by a healthcare professional.

CAUTION

If pregnant or lactating, please consult a physician prior to taking.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

Good Life Pharmacy

125 South 16th St.
Ord, NE 68862
308.728.3295