

# Zinc, Elderberry & D Lozenges



Recommended by  
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## Multiple Approach to Immune Support

### DESCRIPTION

Zinc, Elderberry and D Lozenge is an innovative approach for immune support. This combination of three proven immune support products delivers immune boosters to the tissues that need it the most; the throat and sinuses. Great tasting lemon-berry flavor and sugar-free.

### FUNCTIONS

Zinc lozenges are well-studied for supporting respiratory health and keeping throat tissues comfortable and healthy. Elderberry (*Sambucus nigra*) is a well-established botanical found to support lung and immune system health. Vitamin D3 keeps is essential for keeping immune cells working optimally.

Zinc inadequacy or deficiency is associated with a poorly functioning immune system. And zinc deficiency is prevalent in the U.S. population. In addition, studies show that zinc supplementation can support feelings of wellness. Zinc helps to keep the lungs strong and healthy. Plus, zinc has a critical role in many metabolic pathways such as taste perception, joint health, skin health and fertility in both men and women.

Elderberry has been used in folk medicine for centuries to support the upper respiratory tract and sinuses. Modern research shows that elderberry maintains immune health in air travelers. In addition, a meta-analysis of the medical literature including 180 participants found that elderberry supplementation is an effective way to support upper respiratory health<sup>1</sup>.

Higher Vitamin D3 levels are linked to overall health. Vitamin D 3 supports immune cells like macrophages and T cells. Vitamin D in optimal amounts, balances cytokine levels and keeps the lungs healthy. Inadequate levels of Vitamin D, which are prevalent in the U.S population, create overall poorer health prospects. Vitamin D deficiency can be created by poor diet, excessive time spent indoors, the use of suntan lotion, older age and darker skin.

Many elderberry and zinc lozenges contain sugar. But Zinc, Elderberry and D Lozenges are sweetened with xylitol, stevia, and honey powder.

### INDICATIONS

Zinc, Elderberry and D Lozenges may be useful option for individuals looking to:

- Boost their immune system
- Maintain better health during immune challenges
- Obtain a healthy respiratory tract and lungs
- Maintain comfortable, ears, nose and throat
- Maintain better health and immune capacity while traveling

### FORMULA (WW #10394)

#### One Lozenge Contains:

Calories .....	5
Total Carbohydrates .....	2 g
Vitamin D3 (as cholecalciferol) .....	25 mcg (1,000 IU)
Zinc (as Zn citrate & Zn gluconate).....	23 mg
Elderberry ( <i>Sambucus nigra</i> ) fruit powder .....	100 mg
Elderberry .....	50 mg
( <i>Sambucus nigra</i> ) fruit extract (30% polyphenols)	
Stevia leaf extract.....	4 mg
Other Ingredients: Xylitol, stearic acid, vegetable stearate, citric acid, honey powder, silica, natural lemon flavor.	

### SUGGESTED USE

As a dietary supplement, take 1 lozenge daily, or as directed by a healthcare practitioner. Allow to dissolve in mouth.

### CAUTION

If pregnant or lactating, please consult your healthcare practitioner prior to taking this product.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

Hawkins J, Baker C, Cherry L, Dunne E. Black elderberry (*Sambucus nigra*) supplementation effectively treats upper respiratory symptoms: A meta-analysis of randomized, controlled clinical trials. *Complement Ther Med.* 2019;42:361-365

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

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